



Spices, caraway seed

TOTAL
28.3
23.7

Macronutrient profile [gr. of nutrient per 100 gr. food]



Proteins
Water
Sugars
Fibre
Alcohol
Lipids
Other

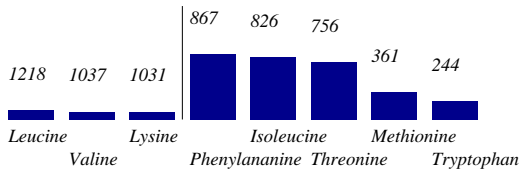
FIBER
152
100

Energy [kcal per 100 gr. food]



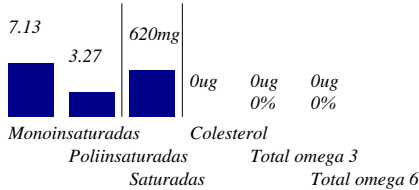
kCALs
14.5
12.8
27.4

Essential aminoacids profile [mg per 100 gr. food]



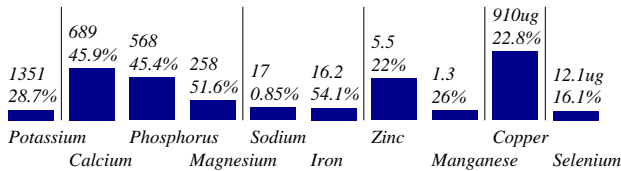
PROTE.
43
35.3
100

Main lipids profile [gr of lipid per 100 gr. food]



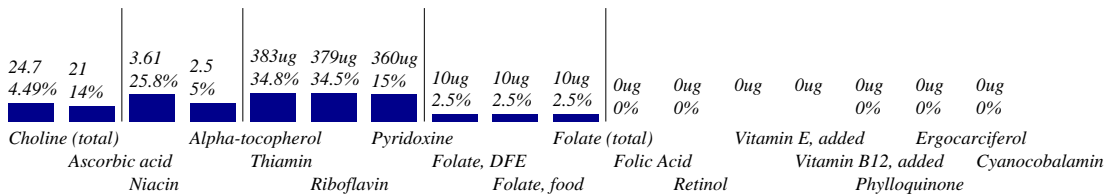
EFA
0

Mineral and oligoelements profile [mg of mineral per 100 gr. food]



MINER.
31.4

Vitamin profile [mg of vitamin per 100 gr. food]



VITAM.
9.4

Phytochemicals profile [mg of nutrient per 100 gr. food]

